DOH-Collier to Host Flu Vaccine Clinics

It's up to you to "shoo" the flu!

Contact:

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Naples, Fla. — The Florida Department of Health in Collier County will host flu clinics on Saturday, October 3, 2020 and Saturday, October 10, 2020 from 9:00 a.m. to 1:00 p.m. at the Naples and Immokalee campuses. Flu shots will be given to anyone age 6 months and older. Vaccines will be offered free of charge for those who do not have insurance.

Flu clinic information as follows:

- DOH-Collier Naples Site: 3339 E. Tamiami Trail, Naples, 34112 Saturday, October 3, 2020 and Saturday, October 10, 2020 9:00am-1:00pm Drive-Thru
- DOH-Collier Immokalee Site: 419 N. First Street, Immokalee, 34142 Saturday, October 3, 2020 and Saturday, October 10, 2020 9:00am-1:00pm Walk-Up

Masks will be required at both flu vaccine clinics. If you are currently ill, you must wait to receive your vaccine.

In light of the COVID-19 pandemic, it is more important now than ever to receive the flu vaccine. Evidence clearly shows that a flu vaccine can reduce the severity of the flu and prevent hospitalizations. This is a critical consideration while healthcare systems continue to combat COVID-19. Everyone should be vaccinated for the flu as soon vaccines are available. This includes healthy people and those with underlying health conditions. The CDC recommends anyone over the age of 6 months receive a vaccine as long as they do not have contraindications.

The flu vaccine is the best way to prevent the flu.

If you become ill with flu-like symptoms, contact your health care provider as soon as possible. Your health care provider can prescribe antiviral treatment if appropriate. Treatment is most effective when started within 48 hours, so calling as soon as you become ill is important, especially if you or your loved one is at a higher risk for complications: children younger than 5, adults over the age of 65, pregnant women, and those with underlying medical conditions.

Stay home from work and keep children home from school or daycare when sick to help prevent spreading the flu to others. It is also essential to practice good hygiene by properly and frequently washing your hands. Make it a habit to clean and disinfect commonly used surfaces in your home, school, or office. You can take additional steps to ward off the flu by coughing or sneezing into a tissue or your elbow and avoiding touching your face.

Visit the Florida Department of Health in Collier County website at <u>collier.floridahealth.gov</u> for more information on seasonal influenza, or call 239-252-8555.



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