

The First 72 is all you! Disaster Kit Supplies

You may need to survive on your own for 72 hours or more. This means having your own water, food and emergency supplies. Experts suggest to have one gallon of water per person per day. Try using backpacks or duffel bags to keep the supplies together. Assembling the supplies you might need prior to an emergency is an important part of your disaster plan.

Other items for your Disaster Kit

- First Aid supplies
- Battery operated radio
- Flashlights with extra batteries
- Personal hygiene supplies
- Sturdy shoes and clothes
- Tools for utility shut offs and repairs
- Prescription medicine
- Eyeglasses / Hearing Aids
- Protected important documents
- Food and medicine for pets
- A car kit of emergency supplies, including food and water, flares, jumper cables, and blankets. Keep your cell phones charged and fuel your vehicles prior to any event, as community infrastructure damage may disrupt power and fuel supplies.

Useful preparedness web-sites

- Collierprepares.org
- Colliergov.net
- Floridadisaster.org
- Ready.gov

Florida Department of Health-Collier County (FDOH-Collier) Locations

Naples Main Office

3339 East Tamiami Trail, Suite 145
Naples, FL 34112
Phone: (239) 252-8200
Fax: (239) 774-5653
E-mail: CCHD_GEN_INFO@doh.state.fl.us

Immokalee Office

419 North First Street
Immokalee, FL 34142
Phone: (239) 252-7300
Fax: (239) 252-7329

Visit our website at:

<http://www.collierhealthdept.org>

The Florida Department of Health-Collier County works together with many other agencies to achieve its mission.

The core function of public health is to:

- Assess and monitor the health of the community.
- Assure access and availability of quality health care services.
- Promote and support sound public.

The Florida Department of Health-Collier County is an EEO/AA employer and service provider. If you need an accommodation in order to participate in our programs, please notify the health department in advance. Telephone (239) 252-7724 Fax (239) 252-8285 or TDD (239) 252-8801.



Florida Department of
Health - Collier County



Community Preparedness

RED Plan Residential Enclave Disaster

The Florida Department of Health-Collier has developed a program to assist our residential enclave communities with their preparedness efforts. The intended outcome is an active emergency management resource that is aware, educated, organized and trained to meet the challenges during a natural or man made disaster. RED plan communities will be provided consistent communication of vetted public health information, organizational Continuity of Operations Planning (COOP), and development of an all hazards operations plan (EOP). In the event of any disaster, severe weather, a bioterrorism event, or a widespread communicable disease outbreak such as a novel pandemic flu, residential communities will be prepared to protect their loved ones during a disaster. To obtain information about the RED Plan program contact Preparedness @ (239) 252-2631.



Personal Preparedness Four Steps to Safety

You and your family can optimize your ability to cope with a disaster by preparing in advance and working together as a team. Knowing what to do is your best protection. Utilize the disaster plan **Four Steps to Safety** to be better prepared for an emergency. Download a copy today at Collierhealthdept.org, the Preparedness page.

Understand What Could Happen

Emergencies such as terrorism, fire, flood, communicable disease or those caused by natural disasters such as tornadoes and hurricanes can happen anywhere to anyone.

Create an Emergency/Disaster Plan

Discuss the types of disasters and emergencies that are most likely to happen and what to do in each case. Working with neighbors can save lives and property. Know your neighbors' skills (i.e., medical, technical) and consider how you can help your neighbors with special needs.

The Preparedness Checklist: What You Need

Stock emergency supplies and assemble a disaster supply kit. Keep enough supplies in your home to meet your needs and those of each family member for three to five days.

Maintain Your Plan

Review your plan every six months and quiz your family about what to do. Citizens are also encouraged to "be involved" by becoming active participants in preparing their community and helping others. For volunteer opportunities please contact (239) 252-7618.

Faith Based Preparedness

The Florida Department of Health-Collier has partnered with Collier Emergency Management and the local Red Cross chapter to assist our faith based community with their preparedness efforts. The intended outcome is an active emergency management resource that is aware, educated, organized and trained to meet the challenges during a natural or man made disaster. Our community's Faith Based Organizations (FBO) will be provided consistent communication of vetted public health information, organizational Continuity of Operations Planning (COOP), and development of an all hazards operations plan (EOP). In the event of any disaster such as severe weather, a bioterrorism event, or a wide spread outbreak of a communicable disease such as a novel pandemic flu, our FBOs will be prepared to protect their congregants during a disaster. To obtain information about the FBO Initiative contact Preparedness @ (239) 252-2631.

