

# Chill Out



## Orange-Basil Pops with Strawberries

Prep- 20 mins

Cook- 5 mins

Serves- 8

Per serving (1 Pop): 83 calories

Combine  $\frac{1}{2}$  c **fresh orange juice** and  $\frac{1}{2}$  c **sugar** in medium saucepan. Cook over medium heat, stirring occasionally, until sugar is dissolved, about 3 minutes.

Pour juice mixture into bowl. Stir in  **$1\frac{1}{2}$  c fresh orange juice; 1 c hulled fresh strawberries, finely chopped; and 2 tsp finely chopped fresh basil.**

Let fruit mixture cool to room temperature, about 30 minutes. Cover and chill until cold, about 3 hours. Divide fruit mixture among 8 (3-oz) ice-pop molds with lids. Cover and insert 8 ice-pop sticks. Freeze until frozen solid, at least 4 hours.